



Upcoming Events for Ashe County Partnership for Children

- November 24th & 25th Closed for Thanksgiving
- November thru December Ashe County Partnership for Children Annual Letter Campaign

Tuesday, November 29th is Giving Tuesday...

Donate online: http://www.ashechildren.mydagsite.com

**#GIVING TUESDAY** 

- December 14th ECE 3rd Annual Holiday Celebration Project-Panel Review
- December 20th Ashe County Partnership for Children Board Meeting Family Central LCR 10:00am
- December 21st Announcement of ECE 3rd Annual Holiday Celebration Project
- December 23rd January 2nd Ashe County Partnership for Children offices closed for Christmas & New Year's

Ashe Early Childhood & Education Services

Marilyn Agnew: (336) 982-4588 ext. 239

## Jumpstart's Read for the Record

On October 27, 2016, children and adults in Ashe County, join forces for the world's largest shared reading experience, known as Jumpstart's *Read for the Record*. Eighteen volunteers with the joint effort of early childhood programs across Ashe County, came together to read to 595 children and adults in 36 classrooms settings. Participating in this event were children from classrooms at Ashe Day School; BROC Head Start (Sizemore location); Generations Developmental Day; Learning Thru Play, Too; Mt. Jefferson Child Developmental Center; Betty's Half Pints; Growing a Child Learning Center; NC Pre-Kindergarten program; 4 H After-School programs; Ashe Family Literacy program; and the Ashe County Public Library.

"This year's official campaign book, *The Bear Ate Your Sandwich* by Julia Sarcone-Roach (Alfred A. Knopf Books for Young Readers), not only inspire adults to read with children, but hopefully will also spur policymakers and organizations to take action towards transformative change in early education while putting books in the hands of more children across the country. "JumpStart 2016

This early literacy event is part of a literacy outreach project being coordinating by the Ashe County Partnership for Children's Early Childhood Education Program.

Creating hope together to instill a love for reading and providing books for Ashe County's children in homes, classrooms, and communities in Ashe County. For additional information or how you might be able to be involved in this outreach project, call Marilyn Agnew, Early Childhood Consultant with the Ashe County Partnership, at 336.982.8870 or email her at <a href="mailto:ececonsultant@ashechildren.org">ececonsultant@ashechildren.org</a>.









# Ashe Early Childhood & Education's

3rd Annual Holiday Celebration

# "Oh Christmas Tree"



Oh Christmas tree, Oh Christmas tree! Thy leaves are so unchanging Oh Christmas tree, Oh Christmas tree, Thy leaves are so unchanging

Not only green when summer's here, But also when it's cold and drear.

Oh Christmas tree, Oh Christmas tree, Thy leaves are so unchanging!

Oh Christmas tree, Oh Christmas tree, Such pleasure do you bring me!

Oh Christmas tree, Oh Christmas tree, Such pleasure do you bring me!

For every year this Christmas tree, Brings to us such joy and glee.

Oh Christmas tree, Oh Christmas tree, Such pleasure do you bring me!

Oh Christmas tree, Oh Christmas tree, You'll ever be unchanging! A symbol of goodwill and love You'll ever be unchanging

Christmas Carols - O Christmas Tree Lyrics | MetroLyrics

For additional guidelines and registration forms e-mail: ececonsultant@ashechildren.org

#### What Can You Do in the Moment When Your Child Bites?

1. Quickly yet calmly remove your child from the person he has bitten. Calmly (e.g.. without yelling or scolding), clearly, and firmly say, "Stop. No biting. Biting hurts." Show and explain the effect of the bite on the other child. For example, you might say, "Jack is crying and sad because the bite hurts him."

2. Focus most of your attention on the child who was bitten. Understandably, adults often react strongly to the child who bit as they try to correct the biting behavior. However, even negative attention can encourage the biting. Helping to soothe the child who was bitten teaches empathy and helps the child who bit to understand the power of his actions. It might be helpful to say to the child who was bitten, "I'm so sorry this happened. I know biting really hurts," as a way to model apologies and empathy. Avoid trying to get your child to apologize. While it is important for your child to develop empathy, trying to get your child to apologize typically results in paying more attention to the biter and not the child who was bit.

3. Acknowledge your child's feelings. You might say something like, "You are frustrated. Let's find another way. Touch gently or ask for the toy. You can say, "Can I have that?"

4. When your child is calm (not in the heat of the moment), teach him/her other ways to express his/ her needs and desires. For example, you might say to your child, "Biting hurts. Next time, if Sienna is grabbing your toy you can say stop or ask a grownup for help." It might be helpful to role play scenarios where your child can practice saying "stop" or "help."

The Center on the Social and Emotional Foundations for Early Learning Vanderbilt University: <a href="http://csefel.vanderbilt.edu/">http://csefel.vanderbilt.edu/</a>



# Fall Institute 2016

Early Childhood professionals just want to have fun too! On October 1, Early Childhood Professionals enjoyed a day of networking, learning and just having fun at the Fall Institute 2016 with others across the county and the state.

Learning opportunities for the day included learning about what is appropriate in *Infant/Toddler Zones* (*Part 1, 2, & 3*); in *ABC Ready by Kindergarten (Part 1 & 2)*, exploring different resources, websites, books, and appropriate center activities that promoted the alphabet knowledge in and outside the classrooms; in *Growing Up WILD* (3 hour session), early childhood teachers had an opportunity to explore a program that builds on children's sense of wonder about nature and invites them to explore wildlife and their habitats, with an emphasis on promoting natural resource appreciation and stewardship. Through a wide range of activities and experiences, *Growing Up WILD* provided an early foundation for developing positive impressions about nature and lifelong social and academic skills.

Speakers for the day were Beckie Ballard and Daniel (DJ) Svoboda, as they both gave sessions that touched so much of what early childhood professionals face in a classroom. In the *Whole Brain Learning*, session, participants were given an overview of the <u>Whole Brain Learning Center</u> belief that every child has the ability to learn. The center believes that children are born with natural abilities that are not easily accessed due to a myriad of factors. We believe that every child deserves to reach his/her greatest potential. Medications and learning labels should be used only as a last resort. "Living and learning can be the joy it was intended to be"....Beckie Ballard. In the *Autism, Our Journey Together, A Message of Hope*, DJ and his mom, Cindi, shared their story from DJ's diagnosis at the age of three, to where they are now. They talk about the good times and the struggles in hopes raising Awareness and Acceptance. The message they left with everyone is that there is always Hope and you never give up on someone with Autism. You never know what they can accomplish!!!!

Lunch was catered by Smoky Mountain BBQ and several vendors from across the state were present to showcase items appropriate for the classrooms.



A huge thank you to everyone that made the Fall Institute 2016 event successful.

Growing Up WILD Preschool session.

A Safe Home for Everyone

## **Thrive Support Group**

Thrive! is a FREE monthly support group offered to survivors of intimate partner violence. Through this group, survivors can experience a safe, confidential place to explore the healing process, gain more information and understanding of how intimate partner violence impacts their daily lives, and connect with others who have had similar experiences. Thrive, meets the 2<sup>nd</sup> Tuesday of the month from 6-7:30pm.

A Safe Home for Everyone (A.S.H.E.) is looking to partner with an Ashe County church or community group to provide a meal to our monthly support group attendees!

A.S.H.E's goal is to make it as easy as possible for participants to attend support group by offering a free meal as well as child care. If you are interested in this opportunity to help serve survivors in our community, please contact A Safe Home for Everyone at 336-982-8851 for more information.







### **Annual Candlelight Vigil**

51 lives have been lost to domestic violence in NC so far this year, but their light shone bright in downtown West Jefferson on the evening of October 25th as Ashe County's community gathered to remember them and to raise awareness during Domestic Violence Awareness Month. Every year, October is dedicated to honoring those who experience and survive intimate partner violence, memorializing those who have lost their lives to domestic violence over the past year, and lifting up those who feel they have no voice of their own. This month serves to shine a light on an issue that often goes unnoticed and unreported and to provide space for individuals and communities to generate change together. On October 25th, A Safe Home for Everyone, Ashe County's domestic violence and sexual assault service agency, held their annual Candlelight Vigil to commemorate lives lost to Domestic Violence in NC this past year. A.S.H.E. staff, clients, and community members gathered together to stand in solidarity with the domestic violence survivors, friends, and family in our community and for those whose lives had been lost in NC this past year. Michael Lea of First Baptist Church and Ashe County's Sheriff Williams were guest speakers who helped A.S.H.E. shine a light on this issue and provide thoughts on what domestic violence has meant for our community. A.S.H.E. is grateful to those who came out and to our guest speakers for standing with us throughout this month of awareness.







# Ashe County Board of Commissioners 2016 Domestic Violence Awareness Month Proclamation

WHEREAS, we take this month to recognize that the physical, psychological, and emotional scars of domestic violence are far reaching and affect individuals from all walks of life, regardless of age, ability, gender identity, sexual orientation, race, religion, or circumstance; and

WHEREAS, the statistics remain that 1 in 4 women and 1 in 7 men experience acts of domestic violence and that the children exposed and subjected to these acts are dramatically affected with vastly far-reaching consequences; and

WHEREAS, we must work together to educate ourselves and, in turn, others, in order to change that statistic and bring health and safety to our families and communities; and

WHEREAS, to begin this shift we must be bold in condemning these acts and swift to hold perpetrators who commit acts of violence fully responsible for their actions.

NOW, THEREFORE, BE IT PROCLAIMED by the Ashe County Board of Commissioners that the month of October 2016 be recognized as "Domestic Violence Awareness Month" in Ashe County; and we call on all Ashe County residents to speak out against domestic violence and support local, statewide, and national efforts to assist survivors of these crimes in finding the justice, help, and healing they need and deserve.

**BE IT FURTHER PROCLAIMED** that the Board of Commissioners pledge themselves and ask our fellow citizens to pledge, not just throughout this month, but always, to ensure that every survivor of domestic violence knows they are not alone, and to foster supportive communities in efforts to help survivors in seeking justice and enjoying full and healthy lives for themselves and future generations.

ADOPTED this 24th day of October, 2016.

ASHE COUNTY BOARD OF COMMISSIONERS eff Rose, Chairman SHE COI B04 ASHE COUN lanna!

ATTEST

Ann J. Clark, MMC, N Clerk to the Board

# Family Foundations

# Melissa Fowler: Ext. 246 & Keila Hernandez Ext. 228

It's hard to believe that the holidays are already here with the joyous times of Thanksgiving, Christmas and bringing in a New Year! It can also be a time of high stress with gifts, parties, shopping, cards, school vacations, and so much more. So according to lifehack.com, here are some stress relief tips to keep in mind so that you can enjoy the beauty of the season. Allow yourself to say no to events, overbooking yourself can greatly increase stress and decrease the joy of the season. Plan ahead and set specific goals to get all shopping and to do lists done. Maybe shop online at home. Do things in moderation, including eating, sleeping, spending, and just try to take the time to fill the senses with the beauty of snow, and warmth of being home with your kids. Most often than not, the kids might not remember every gift they received, but they will remember how they felt on the holidays. With that said, take some time to slow down and play a game, make some holiday crafts, curl up and read some great holiday books, and most of all give thanks because that is what it is all about. For some edible holiday craft ideas for kids go to http://pbskids.org/ under edible Christmas crafts and have fun!

Berenstain Bears "Give Thanks!" and "Bears stays up for Christmas" are just a few of so many books to read to small children to get them psyched for the Holidays. Family Foundations will be having a group connection in December creating holiday crafts and cookies, if you would like to have a family outing. Please contact us for specific dates and time. Also, if your heart is in giving this time of year, we are still in need of formula and warm coats for the children in our program. We wish you a beautiful holiday season and encourage you to play, play, play!









Are you ready for the upcoming holidays, traveling, and going shopping?

This is not a question about what you are going to buy or what you are going to cook. This is a question about your children. Having visitors, road trips and going shopping can all



be times when children aren't always on their best behavior. You have lots to do and not a lot of time to get it done. Misbehaviors can cause delays and sometimes bad moods. Now is a great time to plan ahead.

Call or come by for a visit. We've got some great tips and strategies that you can use to make sure you and your family have the best holidays!



336-982-4588









# Enjoy time with your children creating these fun preschool holiday crafts

#### **Darling Deer**



Cover a cardboard tube with patterned paper.

Cut a triangle head and two large and two small oval ears out of paper.

Glue the smaller ears inside the larger ones and fold in half. Glue to top of triangle.

Cut felt circles for eyes. Glue googly eyes to felt. Add pom-pom nose.

Glue the triangle to the top center of the tube.

Use straws and pipe cleaners to make antlers.

#### **Stunning Christmas Stocking**



Cut a sock shape out of two pieces of felt.

Staple the edges together a half inch from the sides, leaving the top open.

Glue rickrack over the staples to cover them.

Add a felt loop to the top corner of the stocking for hanging. Decorate with felt and buttons.

#### Tag, You're It



Trace a cookie cutter on a piece of felt and colored paper. Cut out shapes and glue together. Punch a hole at the top center of the tag. Add a string to attach to a gift.

http://www.parenting.com/gallery/diy-crafts

# Ashe County Partnership for Children's Annual Donate 4 The Children Campaign



Everyone needs hope! Poverty, family violence, no access to books, lack of support systems, and limited resources are barriers many families in Ashe County face.

These barriers have a direct impact on the well-being of the children within those families. Ashe County Partnership for Children offers programs that provide support, connections to resources, and a caring staff who provide vital services to help families overcome barriers so their children have brighter futures and can be successful in school.

Your donation can help us

create that hope Ashe County's children need.



Thank you for sending your gift today to: 626 Ashe Central School Rd, Jefferson, NC 28640 Donate online <u>http://www.ashechildren.mydagsite.com</u>

#### Click here to access our 2015-2016 Annual Report <a href="http://www.ashechildren.org/">http://www.ashechildren.org/</a>





**Early Childhood & Education Services** 











"This institution is an equal opportunity provider."